



Republic of the Philippines

Department of Education

REGION IV- A CALABARZON

CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

19 December 2025

DIVISION MEMORANDUM

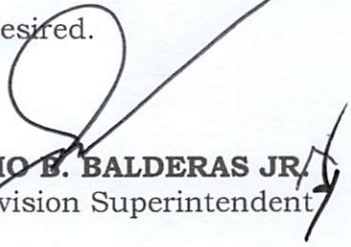
No. **884** s. 2025

CONDUCT OF TRAINING FOR ATHLETES IN PREPARATION FOR THE 2026 REGIONAL ATHLETIC ASSOCIATION MEET

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public and Private Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

1. Pursuant to Republic Act No. 10588, which aims to encourage sports program, this Office announces the training of athletes on the above subject starting December 22, 2025 for select sports events and January 5, 2026 for other sports event.
2. The objectives of the training are:
 - a. strengthen the skills and strategies in playing the specific sport of the pupil/student athletes.
 - b. develop sportsmanship and teamwork in preparation for the 2025 Regional Athletic Association Meet
3. This Office informs the field that all student-athletes shall shift to modular printed learning in support of their participation. Learners shall be given ample time to complete all learning activities while under modular printed learning. Coaches shall coordinate and monitor the student-athletes compliance while under modular printed learning.
4. Schools are encouraged to extend full support during the training of athletes and may allocate funds from canteen operations under the student development share or adopt-a-school program, or any available sources to support the needs of athletes, such as the provision of transportation during tune-up games and similar activities.
5. Attached are Enclosure 1 Official List of Athletes, Coaches, Assistant Coaches and Chaperone, and Enclosure 2 Training Schedule.
6. For further queries and clarification, you may contact Maria Corazon A. Borbon at 09175071780 or maria.borbon@deped.gov.ph.

7. Immediate dissemination of this memorandum is desired.


CELEDONIO B. BALDERAS JR.
Schools Division Superintendent

Encl.: Republic Act No. 10588

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

PALARONG PAMBANSA
SPORTS CLUB
SPORTS

OFFICE- conduct of training for athletes in preparation for the 2026 regional athletic association meet
SGO8Q05F-004088/December 17, 2025

OFFICIAL LIST OF ATHLETES

EVENT	Name of Winner	Grade Level	School	Name of Coach/Trainer
ARNIS-Boys	Ren Zedrick A. Baracael	G12	LPIHS	Coach: Melvin C. Caagbay Trainer: Jewel Olivera Trainer: Ricardo Reyes
	Gerrimar A. Sartin	G9	LPIHS	
	Niel G. Pedron	G10	LPIHS	
	Matt Rydel G. Cristobal	G10	LPIHS	
	Gian Carlo O. Ramallosa	G12	LPIHS	
ARNIS-Girls	Fatima Gwyneth Q. Orge	G10	LPIHS	Coach: Annabel Cabriga Trainer: Jewel Olivera
	Denielle Leira C. Velen	G10	LPIHS	
	Maritonie P. Fernandez	G10	LPIHS	
	Nian G. Pabilando	G9	LPIHS	
	Maria Francheska Q. Orge	G7	LPIHS	
ATHLETICS SNED	John Vincent R. Bueta	-	LPIHS	Coach: King Carlo C. Roces Chaperone: Pamila J. Quintero Trainer: Gilbert Laido
	Dharell S. Oable	-	AIS	
	Cyryl V. Pineda	-	TECS	
ATHLETICS Elementary Boys & Girls	Angelbert D. Laido	G6	PES	Coach: Catherine Y. Telebrico Trainer: Gilbert Laido Trainer: Shervin A. Rasay
	Clark Jay S. Laido	G5	PES	
	Ian A. Quinto	G6	SRPS	
	Szhantal R. Cabriga	G6	TWCS I	
	Zyren Eunice M. Tutor	G5	VES	
ATHLETICS Secondary - Boys	Alexis James Arvin A. Yago	G8	LPIHS	Coach: Nelson P. Edon Trainer: Gilbert Laido Trainer: Shervin A. Rasay
	Liam Wyne G. Aloner	G12	SRPS	
	Larren James S. Laido	G10	BANHS	
	Renmark Jay A. Gala	G9	LPIHS	

	Kent Andrei A. Lavado	G12	LPIHS	
	John Gabriel R. Oabel	G10	LPIHS	
	Dave Cyrus Padrique	G10	SRPS	
	Ximon Leo D. Racelis	G11	LPIHS	
	Ghian Asher M. Rapal	G12	LPIHS	
ATHLETICS Secondary - Girls	Anneren Maehlin F. Esperanza	G9	LPIHS	Coach: Zandra Clarisse C. Pagana Trainer: Gilbert Laido Trainer: Shervin A. Rasay
	Jaz Caezlyn V. Gonzales	G9	LPIHS	
	Ashley Mae G. Olitoquit	G12	LPIHS	
	Chrisna Janine R. Oriasel	G10	LPIHS	
Badminton Elementary - Boys	Rickz John Rivera	G6	TWCS I	Coach: Macleo V. Parro Trainer: Paul Tracy C. Manlapat
	Liam Kendrick O. Yuzon	G6	MLILC	
	Nathan Phoenix B. Yu	G6	MLILC	
	Rafael Mauro S. Rivera	G4	MLILC	
Badminton Elementary - Girls	Jeleina Marxia L. Mahamud	G6	FELES	Coach: Renato Villa Chaperone: Princess P. Subeldia Trainer: Paul Tracy C. Manlapat
	Abre Gaela M. Sabio	G6	TECS	
	Heleighna Victoria R. Edon	G6	TECS	
	Sophia Bianca P. Labordo	G6	TECS	
Badminton Secondary - Boys	Josch Rhaiven P. Jabola	G12	LPIHS	Coach: Jasper Amulong Trainer: Mark Azel Pintano
	Andrei A. Mugar	G12	BANHS	
	Jhad Draze D. Indoza	G12	LPIHS	
	Jay C. Lorenz Bajar	G10	LPIHS	
Badminton Secondary - Girls	Shantara C. America	G7	IIS	Coach: Shiela Marie Oabel Trainer: Mark Azel Pintano
	Norifaye R. Dalida	G11	BANHS	
	Ara Grace S. Cabuyao	G10	LPIHS	

	Khelzye Joyce B. Carandang	G11	LPIHS	
Chess Elementary – Boys	Kingsley Marquez	G6	LES	Coach: Walter Pagana Trainer: Manuel Leoparte
	Bren Paolo R. Dialolda	G6	CJQES	
Chess Elementary – Girls	Lyka Mae A. Gusi	G6	MCES	Coach: Anjello R. Pagdonsolan Trainer: Manuel Leoparte
	Trinity C. Teologia	G6	WPES	
Chess Secondary – Boys	Rjay S. Domingo	G10	LPIHS	Coach: Gregorio G. Constantino Trainer: Manuel Leoparte
	Jacob C. Magtibay	G10	LPIHS	
	Jeans Bryan Roldan	G11	BANHS	
Chess Secondary – Girls	Judilyn R. Bolfane	G10	LPIHS	Coach: Lyka Rose L. Cabrera Trainer: Manuel Leoparte
	Ellysha D. Cailyn Gaela	G8	LPIHS	
	Hannah Yvette Salcedo	G9	LPIHS	
Table Tennis Elem Boys	Greco Andres G. Laredo	G6	MLILC	Coach: Edwin Obciana Chaperone: Lyra Nañez Trainer: Alvin V. Alfaro
	Johnrey Zhackary D. Pilero	G6	FELES	
	Jin Kyle A. Lalonio	G5	TECS	
	Charles Lestian L. Lavado	G5	TECS	
Table Tennis Elem Girls	Claren Andreas G. Laredo	G4	MLILC	Coach: Edwin Obciana Chaperone: Lyra Nañez Trainer: Alvin V. Alfaro
	Aaleyah Vienne E. Alfaro	G4	TECS	
	Princess Athena D. Arena	G4	EFIS	
	Precious Miles P. Teodoro	G6	EFIS	
Table Tennis Secondary- Boys	Ralph Christof C. Carpio	G12	LPIHS	Coach: Andrew Ladines Trainer: Alvin V. Alfaro
	Joseph Benjamin C. Carpio	G7	LPIHS	
	Chris John M. De las alas	G12	LPIHS	
	Jed Reinzel G. Jara	G11	LPIHS	
Table Tennis	Christine Joyce D. Permalino	G11	LPIHS	Coach: Alyssa Salumbides

Secondary-Girls	Akixsiah Jewel Rein R. Rubia	G8	LPIHS	Trainer: Alvin V. Alfaro
	Gillian L. Visalo	G9	LPIHS	
	Sandy P. De Lumen	G8	LPIHS	
Lawn Tennis Elementary – Boys	Noel Andre Zachary S. Zoleta	G6	MLILC	Coach: Nery Grace B. Navela Trainer: Domini Francinil L. Rolle
	Jacob Arvy C. Capistrano	G5	MLILC	
	Krisstofer Ryan A. Querubin	G5	CIS	
Lawn Tennis Secondary – Boys	Danes Manuel L. Caagbay	G9	LPIHS	Coach: Amelia L. Rolle Trainer: Domini Francinil L. Rolle
	Dale Ignacio L. Caagbay	G9	LPIHS	
	Zandro L. Matining	G8	LPIHS	
	Cain Jermaine S. Bartolome	G10	LPIHS	
Lawn Tennis Secondary – Girls	Lee Yan E. Ledesma	G9	LPIHS	Coach: Harvey Garcia Chaperone: Amelia L. Rolle Trainer: Domini Francinil L. Rolle
	Crystal Pearl L. Narzabal	G9	LPIHS	
Boxing - Boys	Angel D. Rago	G7	BANHS	Coach: Maricel Fartingca Assistant Coach: Renil Leonar Chaperone: Maria Cecilia Tolentino Trainer: Julius A. Cabuyao
	Justine Adrian Rivas	G7	BANHS	
	John Jeric Sumalinog	G9	BANHS	
	Romel Alabis Jr	G8	LPIHS	
	Cresser Keith Guevarra	G10	WPNHS	
	Ryan P. Rovelo	G11	LPIHS	
	John Joshua Etranista	G12	LPIHS	
	Emil T. Cabuyao	G11	WPNHS	
Boxing - Girls	Kylene Jannah Abres	G12	BANHS	Coach: Kim Gerrald Mendoza Chaperone: Maria Cecilia Tolentino Trainer: Julius A. Cabuyao
	Rainy Rein Abres	G11	BANHS	

Swimming - Elem	Mikhail Arkin H. Labrada	G4	TECS	Coach: Rochelle P. Malabanan
Swimming - Sec	Fillian Noel Abuel	G9	LPIHS	Coach: Lester Salumbides
	Nathaniel A. Catalla	G8	LPIHS	
Taekwondo Elementary - Boys	John Mac Chrisly T. Landicho	G5	TECS	Coach: Marie Grace R. Tiosan Trainer: Herman D. Rabina Trainer: Wendell L. Pabellar
	Jose Alfonso R. Capistrano	G6	TECS	
	Kenric S. Penaflorida	G4	PES	
	Helios Dyann M. Rabina	G4	PES	
	Jared Logronio	G5	SPES	
Taekwondo Elementary - Girls	Mikaela T. Cabuyao	G5	SPES	Coach: Ashley Loraine C. Trainer: Herman D. Rabina Trainer: Wendell L. Pabellar
	Kleidee Zeltiel C. Oabel	G6	SPES	
	Zynarah Darlyn B. Alvarez	G4	PES	
	Chersel Mitz L. Moreno	G6	PES	
	Zarina Vien B. Bautista	G6	PES	
	Jessica Mae R. Narsoles	G6	CNJT	
Taekwondo Secondary Boys	James Gabriel S. Iglane	G8	BANHS	Coach: Melody B. Cauyan Trainer: Herman D. Rabina Trainer: Wendell L. Pabellar
	Kyle Benedict R. Tinamisan	G12	LPIHS	
	Eury Janmiel C. Binay	G10	LPIHS	
	Edwardo II P. Rallos	G9	LPIHS	
Taekwondo Secondary Girls	Jasmin Kathryn O. Agudon	G8	BANHS	Coach: Ma. Tesza A. Ramilo Trainer: Herman D. Rabina Trainer: Wendell L. Pabellar
	Maria Sophia P. Niamh Rago	G8	BANHS	
	Mary Grace R. Sales	G11	LPIHS	
	Princess Yuan G. Siababa	G11	LPIHS	
	Jheska May B. Corpuz	G11	LPIHS	
	Kriss Ann P. Pacaigue	G11	LPIHS	

Baseball	June Carmelo P. Subieto	G12	LPIHS	Coach: Jona R. De Los Santos
	Clarence S. Sabornido	G10	LPIHS	
	Rencel N. Saludes	G12	LPIHS	
	Darwin Jerick Q. Odiaz	G11	LPIHS	
	Mark Aldrin Garcillas	G12	LPIHS	
	John Craig S. Oabel	G10	LPIHS	
	Ronron N. Tadosa	G12	LPIHS	
	Kent Jarel S. Sabornido	G9	LPIHS	
	Frhed Rick O.Casiño	G12	LPIHS	
	Juan Miguel Y. Solisa	G11	LPIHS	
	Rico S. Reyes	G12	LPIHS	
	Jonathan R. Fusana	G11	LPIHS	
	John Terrence Feunzalida	G10	BANHS	
	Carl David Arena	G10	BANHS	
	Angelo Cipriano	G10	BANHS	
Basketball Secondary Boys 3x3	Mark Jonard E. Ambi	G11	BANHS	Coach: Edmar G. Rada
	Marc Nathaniel G. Tizon	G11	BANHS	
	Derick M. Pornasdoro	G12	BANHS	
	Moises Q. Geneblazo	G11	BANHS	
Basketball Secondary Girls 3x3	Mandy Rose E. Deapera	G10	LPIHS	Coach: Redentor V. Sante Chaperone: Elise R. Veluya
	Gracelle Anne R. Jardin	G9	LPIHS	
	Meryie Dence Macalinao	G8	LPIHS	
	Erich Anne A. Ruz	G7	LPIHS	
Football	Rhajem Charles Josiah J. Porta	G10	LPIHS	Coach: Mark Gerneil R. Abadilla

	Jed Ezekiel C. Dimaunahan	G9	LPIHS	Trainer: Nichol John M. Jardin
	Lorenzo Miguel A. Cabanas	G10	LPIHS	
	Albert Jr. G. Lada	G10	LPIHS	
	Ralph Lawrence L. Jayag	G11	LPIHS	
	Leonardo Jr. D. Yanoria	G10	LPIHS	
	Zues R. Subieto	G9	LPIHS	
	John Axsell C. Palmaria	G12	LPIHS	
	Selwyn C. Abanica	G10	LPIHS	
	John Liam V. Quinto	G10	LPIHS	
	Kien Kervy C. Jayag	G12	LPIHS	
	Kier Ivan P. Sia	G9	LPIHS	
	Kranz A. Fabie	G10	LPIHS	
	Jakepaul Mico D. Pasacsac	G9	LPIHS	
	George Mhartin T. Cagbriga	G9	LPIHS	
	Jared Samuel B. Santos	G9	LPIHS	
	Ahlaine France C. Tana	G10	LPIHS	
	Matt Corvin J. Jared	G10	LPIHS	
	John Wayne I. Escamillas	G9	RQINHS	
	Mark Lenard A. Medrano	G10	RQINHS	
	John Paul L. Mirabel	G11	RQINHS	
Futsal	Lyres A. Abonda	G8	LPIHS	Coach: Rubyrose R. Del Rosario Trainer: Karl Adrian T. Mendez
	Sarah Jane L. Batelo	G10	LPIHS	
	Jhastine Mae C. Cabuyao	G9	LPIHS	
	Xyan Marie R. Carmona	G9	LPIHS	

	Alyssa Khale U. De Luna	G10	LPIHS	
	Mhay B. Desembrana	G10	LPIHS	
	Diane G. Nadera	G8	LPIHS	
	Aila Marie S. Oabel	G9	LPIHS	
	Lian Venesse G. Oabel	G11	LPIHS	
	Ryza R. Sabellano	G10	LPIHS	
	Mizcha R. Valderamos	G12	LPIHS	
	Daysha Mandy Q. Anoso	G8	LPIHS	
	Joana Marie C. Esmao	G11	RQINHS	
	Daxen Roselle C. Malaquilla	G11	RQINHS	
	Johanne Dionisse Paloma	G12	RQINHS	
Volleyball Secondary Boys	Agosto Angelo E. Baasis	G9	LPIHS	Coach: Jane Erasmus Mari P. Panganiban
	Randall Roi J. Bobis	G11	LPIHS	
	Yuan Nigel D. Borja	G9	LPIHS	
	Zaijian Kyle C. Casabella	G9	LPIHS	
	Niel Raven Valencia	G10	LPIHS	
	Rayver A. Diaz	G10	LPIHS	
	Kent Jethro N. Eporac	G9	LPIHS	
	Elton John O. Obciana	G10	LPIHS	
	Jaiden B. Padilla	G11	LPIHS	
	Carl Vincent I. Rato	G9	LPIHS	
	Marc Ramsel C. Tapiador	G10	LPIHS	
	Niño Joseph S. Vito	G9	LPIHS	
	Gian Carlo M. Obdianela	G11	WPNHS	

	Glenn M. Obdianela	G9	WPNHS	
	Samuel O. Eyatid	G12	SRPS	
Volleyball Secondary Girls	Jhade Cheska E. Espina	G12	LPIHS	Coach: Mirasol Valdeavilla
	Michaela Mia Rein H. Jamilano	G12	LPIHS	
	Jhea F. Jordan	G9	LPIHS	
	Alyzza Mhay R. Latoreste	G9	LPIHS	
	Jhohaila Dianne R. Marana	G8	LPIHS	
	Lourey A. Parafina	G10	LPIHS	
	Michaela Grace E. Paseos	G8	LPIHS	
	Janelle E. Penaflorida	G8	LPIHS	
	Althea Dominique M. Pestano	G11	LPIHS	
	Quennie Jane E. Reyes	G8	LPIHS	
	Joella R. Villasanta	G8	LPIHS	
	Chloe Andrea D. Zabalerio	G12	LPIHS	
	Mary Joy T. Dela Dinco	G9	BANHS	
	Remelyn L. Mugar	G11	BANHS	
	Queseanna Earthly E. Gagan	G8	SJBC	
Dance Sports Elem	Romnick D. Corullo	G6	FELES	Coach: Laurice P. De Asis
	Shereya Ada C. Racelis	G5	TECS	
	John Rayleigh S. Dael	G6	TECS	
	Nathalie Zolen T. Lucena	G5	TECS	
Dance Sports - Sec	Jordan L. Serrano	G11	BANHS	Coach: Cherious P. Oblea Coach: Alexandria Deloraya
	Kristine Nicole A. Bantoc	G9	BANHS	
	Resh Jacob M. Cuadra	G11	LPIHS	

	Fhaezelle L. Divinagracia	G10	LPIHS	
Archery	John Lyster E. Aranilla	G7	MIS	Coach: Maria Paula Talavera
	John Sydrick Rama	G9	MIS	
Aerobic Gymnastics and Men's Artistic Gymnastics	Mark Ernest C. Oliveros	G11	LPIHS	Coach: Pauline V. Piquero Trainer: Elueterio C. Piquero Jr.
	Khal-El Navil A. Ravalo	G12	LPIHS	
	Jhon Joseph P. Querubin	G9	LPIHS	
	Jacob N. Subieto	G9	LPIHS	
	Gav Carlo M. Castillo	G9	LPIHS	
	Jade B. Cabriga	G10	LPIHS	
	Athena Lohanne C. Tabernilla	G8	LPIHS	
	Justine T. Castillo (Reserve)	G11	LPIHS	
	Caagbay, Christoffe Miguel J. (Reserve)	G10	LPIHS	
	Guillermo, Jhamaica Aztheriz P. (Reserve)	G10	LPIHS	
Bocce	Prince Jhayden Zapanta	-	CIS	Coach: Leanie R. Cabuyao Chaperone: Loida A. Arceta
	Melanie Malong	-	CIS	
	John Christford T. Dadios	-	TECS	
	Bethany O. Biscocho	-	TECS	

ENCLOSURE 2

TRAINING SCHEDULE AND VENUE

EVENT	SCHEDULE	VENUE
ARNIS- Boys and Girls	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 1:00 – 5:00	LPIHS
Athletics	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS Tayabas City Sports Complex
Badminton – Elementary	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	BANHS/Vista verde badminton court
Badminton - Secondary	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	BANHS/Vista verde badminton court
Basketball – Secondary	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS/BANHS Brgy. Calumpang covered court (Girls)
Boxing	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	BANHS Brando Rea Boxing Gym, Brgy. Wakas
Chess	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS
Football	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS
Futsal	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS
Aerobic Gymnastics MAG	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS
Table Tennis	Dec. 22-23,29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026	TECS

	March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	
Taekwondo	Dec. 22-23, 29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS Potol Elem School
Swimming	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	Alcala Sports Complex QNHS, Lucena City Nawawalang Paraiso Resort
Tennis	Dec. 22-23, 29, 2025 Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS Calumpang IS
Volleyball – Secondary	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	TECS
Dance sport	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	TECS (elem) BANHS (sec)
Archery	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	Mayuwi IS (weekdays) Open field of Bargy. Bocohan, Lucena City
Baseball	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	LPIHS Brgy. Isabang field oval
Bocce	Jan. 5-31, 2026 Feb. 2 – 28, 2026 March 2-3, 2026 8:00 – 10:00, 2:00 – 5:00	TECS (Mon, Tue, Wed) Calumpang IS (Thur, Fri)